



Worried about energy costs?

If you're concerned about the cost of energy, there are lots of people you can contact for support and information.

Here are just a few of the organisations that may be able to help you manage your energy use or provide extra support when you need it most.

Citizens Advice

Provides support on energy bills, including information on grants and benefits, and smart meter advice.

0800 144 8848 (England),
0800 702 2020 (Wales)
citizensadvice.org.uk

Energy Saving Trust

How to save money on energy bills.

energysavingtrust.org.uk

National Debt Line

Cost of living advice including debt advice and budget tools.

0808 808 4000
nationaldebtline.org

National Energy Action

Advice and support to help people heat their homes affordably.

nea.org.uk

Priority Services Register

Vital support for vulnerable people during a power cut or in the event of other network/utility issues.

Call our free emergency number on 105

nationalgrid

www.nationalgrid.co.uk/fuel-poverty-plus-materials